



Dinner Menu

Dinner sized Entrées include selection of 2 vegetable sides

There is a \$6.00 charge for any shared entrée.

There is an 18% gratuity charge for parties of 6 or more.

SEE OUR DESSERT & BEVERAGE MENU FOR OUR SELECTION OF DELECTABLE DESSERTS & ICE CREAM, COFFEES, SHAI (TEA), JUICES, SODA & BOTTLED WATER

Starters

AYIB BEMITMITA	6.75	YE'MISIA SAMBUSSA	6.75
fresh farmer's cheese mixed with Ethiopian chili powder		Two hand-wrapped shells of thin pastry filled with a blend of brown lentils, onions, scallions, peppers & herbs	
KATEGNA	6.75	YE'SIGA SAMBUSSA	6.75
rolled strips of injera (Ethiopian bread) coated with Ethiopian pepper & clarified spiced butter (can be prepared with olive oil)		Two hand-wrapped shells of thin pastry filled with a blend of minced beef, onions, scallions, peppers & herbs	
TIMATIM FITFIT	6.75	SALADS	
chopped injera mixed with fresh diced tomatoes, onions, garlic, jalapenos, olive oil, lemon juice (served cold)		YE'MESOB SELATA	8.95
AZIFA	6.75	mixed greens with Mesob's special house dressing and baked crisps of injera	
whole brown lentils seasoned with onions, garlic, jalapenos, olive oil, lemon juice (served cold)		YE'DINICH SELATA	8.95
BUTICHA	6.75	diced potatoes and beets with Mesob's special house dressing	
pureed chickpeas seasoned with onions, garlic, jalapenos, olive oil & lemon juice (served cold)		STARTER SAMPLER	
INGUDAI TIBS	8.95	Ayib Bemitmita, Timatim Fitfit, Ingudai Tibs, Azifa & Buticha	
portobello mushrooms marinated & sautéed with onions, garlic & fresh tomatoes (can be prepared spicy, medium or mild)		For 2: 18.00 For 3: 26.00	
		(not available for take-out)	

Mesob Ethiopian Restaurant
515 Bloomfield Ave., Montclair, NJ 07042 973-655-9000
www.mesobrestaurant.com



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Meat Entrees

BEEF

TIBS WAT / ZIGNEE 18.95

cubed prime beef sautéed and simmered in a spicy sauce seasoned with spices and fresh herbs (hot)

MINCHET ABISH KAY WAT 18.95

finely chopped prime beef sautéed in Ethiopian clarified butter, and simmered in a spicy sauce seasoned with spices and fresh herbs (hot)

MINCHET ABISH ALETCHA 17.95

finely chopped prime beef sautéed in Ethiopian clarified butter, and simmered in mild sauce seasoned with spices and fresh herbs (mild)

KITFO 20.95

prime beef tartar seasoned with Ethiopian clarified butter & Ethiopian chili powder (can be served raw or lightly sautéed)

BOZENA SHIRO 17.95

cubed prime beef simmered in shiro (spicy pureed yellow split peas) (spicy)

LAMB

LEGA TIBS (made to order) 20.95

cubed boneless leg of lamb marinated & sautéed with onions, garlic, jalapenos, fresh tomato, herbs & spices (can be prepared mild, medium or spicy)

YE'BEG ALETCHA 19.95

tender pieces of lamb (boneless & on the bone) simmered in mild sauce seasoned with spiced and fresh herbs. (mild)

GOMEN BE'SIGA 17.95

cubed lamb mixed with fresh collard greens & simmered in a mild sauce seasoned with spices and herbs

MEAT SAMPLER For 1: 21.95

a combination of Tibs Wat (beef), Minchet Abish Kay Wat (beef), Minchet Abish Aletcha (beef), Ye'Beg Aletcha (lamb), Doro Tibs (chicken) plus any 3 sides from the vegetarian

For 2: 44.00
For 3: 65.95
entrees, except Shiro. Ingudai Tibs &/or Ye'Shimbra Assa \$3.50 extra

Cont'd



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Meat Entrees (cont'd)

CHICKEN

DORO KAY WAT

18.95

two tender chicken legs
simmered in spicy sauce
seasoned with spices & herbs.
Served with one hard-boiled egg
(hot)

DORO TIBS

18.95

Scalloped chicken breast
marinated & sautéed with red
onions, garlic, jalapeno pepper,
fresh tomato, herbs & spices
(Can be prepared hot or mild)

DORO ALETCHA

17.95

two pieces of tender chicken
legs simmered in mild sauce.
Served with hard-boiled egg
(mild)

Vegetable Entrees

(all vegetable dishes are prepared Vegan style)

INGUDAI TIBS (made to order)

18.95

portobello mushroom marinated &
sautéed with red onions, garlic,
jalapeno pepper, fresh tomato,
herbs & spices (can be prepared hot
or mild)

ATKILT ALETCHA

12.95

fresh green beans & fresh carrots
simmered in flavorful mild sauce.
(mild)

GOMEN

12.95

fresh collard green simmered in mild
sauce seasoned with spice and
herbs (mild)

SHIRO

12.95

pureed split peas cooked with
red onions and garlic (spicy)

MISIR WAT

12.95

split lentils simmered in spicy hot
sauce. (hot)

DIFEN MISIR ALETCHA

12.95

Whole brown lentils simmered in
a mild sauce seasoned with
spices & herbs

Cont'd

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Vegetable Entrees (cont'd) (all vegetable dishes are prepared Vegan style)

TIKIL GOMEN	12.95	BUTICHA	12.95
cabbage and potatoes simmered in mild sauce (mild)		chickpeas pureed and chilled & seasoned with red onions, garlic, jalapeno pepper, olive oil, fresh lemon juice & spices (served cold)	
KIK ALETCHA	11.95	YE'SHIMBRA ASSA WAT	14.95
yellow split peas simmered in a mild and flavorful onion and herb sauce (mild)		chick pea biscuits simmered in a spicy sauce	
AZIFA	10.95	VEGETARIAN SAMPLER	For 1: 16.95
lentil salad seasoned with red onions, garlic, jalapeno peppers, olive oil, fresh lemon juice, herbs & spices (served cold)		your choice of 6 vegetarian dishes. SHIRO cannot be selected as a side. Add'l charge of \$3.50 each if INGUDAI TIBS &/ or YE'SHIMBRA ASSA are chosen as sides	For 2: 33.00 For 3: 49.95
DINICH WAT	11.95		
potatoes simmered in a spicy sauce seasoned with spices & herbs			

Seafood Entrees

*Seafood marinated & sautéed with red onions, garlic, jalapeno peppers,
fresh tomatoes, fresh parsley & spices (can be prepared mild, medium or spicy)*

SHRIMP TIBS	22.95	<i>Prices may vary seasonally</i>
TUNA TIBS	25.95	
SWORDFISH TIBS	25.95	

A TASTE OF MESOB

2 starters, 2 chicken dishes, 2 beef dishes, 1 lamb dish, shrimp tibs, and any 3 sides from the vegetable entrees (except SHIRO)). There is an additional charge of \$3.50 each if INGUDAI TIBS &/or YE'SHIMBRA ASSA are chosen among the sides
For 2: 65.00 for 3: 95.00

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